

St. Mark's Hospital & Academic Institute Lecture Course

# Frontiers in Intestinal and Colorectal Disease

Fourth Annual International Congress

A Multidisciplinary Approach

29th - 30th November 2006

and Professor John Nicholls' Festschrift

1st December 2006

London Hilton Metropole

Daily registration available

The Sir Alan Parks Visiting Professor  
**Professor N J Mortensen - Oxford, UK**

The Sir Francis Avery Jones Visiting Professor  
**Professor J F Colombel - Lille, France**



**STMARK'S**  
HOSPITAL

# Wednesday 29th November

- 0945 Welcome**  
*Dr BP Saunders*
- 1000 Ulcerative Colitis - New Insights**  
*Chair - Dr BP Saunders*
- Optimising medical management - *Professor MA Kamm*
- Dalms, dysplasia and dilemmas in surveillance - *Dr M Rutter*
- Surgery for acute colitis - Who, when and how? - *Professor NJ Mortensen*
- Case Discussions
- 1130 Coffee**

## 1 Parallel Session 1:

- 1200 Functional/Physiology/Psychology**  
*Dr N Arebi/Dr J Stern*
- Assessing the patient with functional bowel disease  
*Dr N Arebi*
- Chronic constipation  
*Professor MA Kamm*
- What we look for in a psychological assessment - How does this impact on treatment?  
*Dr J Stern*

## 2 Parallel Session 2:

- 1200 Diverticular Disease**  
*Chair - Professor JMA Northover*
- Aetiology/pathology  
*Dr T Guenther*
- Imaging  
*Dr D Burling*
- Management of diverticulitis -  
*Professor Z Kruwkowski*
- Discussion

- 1300 Lunch**
- 1400 Sir Francis Avery Jones Lecture**  
**IBD: Recent Advances in Pathogenesis and Management - Professor JF Colombel**  
*Chair - Professor MA Kamm*
- 1430 Live Endoscopy**  
*Chair - Dr C Williams/Dr S Thomas Gibson*  
*Operators: Dr BP Saunders/Dr C Fraser/Dr N Suzuki/Dr D Newton*  
Cases to include: ESD, EMR, Live Capsule, Double Balloon Enteroscopy, Duodenal FAP, Complex Colonoscopy
- 1600 Tea**
- 1630 Consultants Corner**  
*Chair - Dr M Pitcher*  
*Panel Prof. JF Colombel, Dr N Arebi, Dr T Guenther, Dr M Jacyna, Dr M Marshall, Mr P McDonald*
- 1730 Buffet Reception**
- 1815 Biological Drugs in Inflammatory Bowel Disease**  
**A State of the Art Symposium**
- See full programme details opposite

## Biological Drugs in Inflammatory Bowel Disease A State-of-the-Art Symposium

Biological drugs have transformed the landscape for the management of patients with inflammatory bowel disease. High-quality studies have provided clear evidence of the value of these drugs in treating luminal and fistulising Crohn's disease, as well as ulcerative colitis.

Within the next few months it is likely that further biological drugs will be available.

Despite excellent trial evidence we are left with many important questions. How do I set up, run and fund a biological drug service? What therapeutic response can we expect? When do you start treatment, and when / if do you stop? How do you use these drugs most effectively? How do you monitor progress? What about the cost and safety? Should I use concomitant immunosuppressives, and is this safe? How do I use these drugs in combination with surgery?

These are just some of the questions that every physician, surgeon, radiologist and specialist nurse treating patients with IBD must be able to answer. This state-of-the-art symposium aims to stimulate, inform, and provide practical information that is almost impossible to gather together. Please join us. You cannot afford to miss it!

### Programme

**1815 - 2030** *Chairman - Michael Kamm*

**Introduction**

*Michael Kamm*

**Best use of biological drugs in luminal Crohn's disease**

*Jean-Frederic Colombel*

**Best use of biological drugs in fistulising Crohn's disease**

*Michael Kamm*

**Best use of biological drugs in ulcerative colitis**

*Jack Satsangi*

**How to set up, run and fund a service**

**Failed, or loss of, response – what now?**

*Marc Lemann*

**Discussion – case examples, expert panel and audience**

*MA Kamm, JF Colombel, M Lemann, J Satsangi, M Pitcher, D Burling, C Vaizey*

# Thursday 30th November



## 0800 The "Big" Breakfast Session I - for choices see overleaf

### 1 Parallel Session 1:

**0930 Live Operating**  
Chair - Mr S Chadwick/Prof. JMA Northover

**Theatre 1** - Laparoscopic resection  
Mr RH Kennedy/Mr S Gould

**Theatre 2** - Fistula/Haemorrhoids  
Prof. RKS Phillips/Miss L Barker

### 2 Parallel Session 2:

**0930 Common problems from food in the gut**  
Chair - Dr J Nightingale

Food intolerance

Food allergy

Dr R Pumphrey

Prebiotics and probiotics

The paediatric perspective

Dr W Hyer

**1130 Coffee**

**1200 Intestinal Failure Symposium**

Chair - Dr S Gabe/Miss C Vaizey

Mapping the GI tract - Dr M Marshall

Key principles of IF surgery - Professor G Carlson

Intestinal transplantation in the UK; where are we? - Mr N Jamieson

Discussion

Case presentations - Miss C Vaizey/Dr J Nightingale

Panel - Dr M Marshall, Prof G Carlson, Mr N Jamieson, Dr S Gabe

**1330 Lunch**

**1430 Sir Alan Parks Lecture - Minimalist Surgery for Crohn's Disease - Professor Neil Mortensen**

Chair - Mr P McDonald

### 3 Parallel Session 3:

**1500 Abdominal Perineal Resection**  
Chair - Professor RKS Phillips

Imaging the 'threatened' margin  
Dr M Marshall

Review of comparative results  
for AP versus AR

Miss SK Clark

Improving the surgical technique  
of AP excision

Professor T Holm

Is the solution adjuvant chemo and  
DXT in all cases?

Professor JMA Northover

Panel Discussion

### 4 Parallel Session 4:

**1500 Intestinal Imaging**

Chair - Dr BP Saunders/Dr D Burling

Who's for virtual colonoscopy?

Dr D Burling

Colonoscopic imaging: new technology

Dr J East

Discussion

Capsule endoscopy - is the future in a pill?

Dr C Fraser

MRI for small bowel

Dr A Gupta

Discussion

**1630 Tea**

**1700 Consultants Corner**

Chair - Miss C Vaizey

Panel - Prof. JF Colombel, Prof. NJ Mortensen, Dr D Burling, Dr T Guenther, Dr M Jacyna, Prof. JMA Northover

**1800 Drinks Reception**



0800 The "Big" Breakfast Session II - for choices see overleaf

## Professor John Nicholls' Festschrift

### 0930 Introduction

*Dr BP Saunders*

### 0935 The Pouch and its Development

*Chair - Professor RJ Nicholls/Miss SK Clark*

*Historical Perspective - Professor R Dozois*

*Quality of Life - Mr P Tekkis*

*Salvage - Professor NJ Mortensen*

*Pouchitis - Dr M Pitcher*

*Difficult Cases - Professor Z Cohen*

### 1130 Coffee

### 1200 Incontinence

*Chair - Professor MA Kamm*

*Assessment of the patient and treatment options - Dr S Laurberg*

*ABS: Results and present indications - Professor P Lehur*

*SNS: How good is it? - Miss C Vaizey*

### 1300 Lunch

### 1400 Rectal Cancer

*Chair - Professor JMA Northover*

*Staging - Mr P Finan*

*Local Excision - Professor F Seow Choen*

*Restorative Resection - Professor R Parc*

*Adjuvant Radiotherapy - Professor P Goldberg*

*Reflections on the last 30 years - Professor RJ Nicholls*

*Chair - Professor J Christiansen*

*Closing remarks - Professor RKS Phillips*

### 1600 Tea

# Breakfast Sessions

All breakfast sessions are £25 - pre-booking is essential. (See application form opposite)

## Thursday

1. Optimising Drug Therapy in IBD – *Prof M Kamm*
2. Setting up a Patient on HPN – *Miss A Davidson/Dr S Gabe*
3. Prebiotics, Probiotics, Colonic Lavage – Unorthodoxy? – *Mr P McDonald/Dr M Pitcher*
4. Managing the Family History Referral – *Miss S Clark/Dr H Thomas*
5. Psychological Approaches to the Impossible Patient – *Dr J Stern*
6. Colonoscopy the Virtual/Real Interface – *Dr D Burling/Dr J East*
7. Stomas – High Output and Dysfunction – *Dr J Nightingale/Ms A Vujnovich*
8. Designing a Study and Getting That Grant – *Prof. W Atkin/Mr P Tekkis*

## Friday

1. Laparoscopic Colorectal Surgery – *Mr R Kennedy/Mr R Slater*
2. How to do Capsule Endoscopy – *Dr C Fraser/Ms A Fitzpatrick*
3. Surgery of the Recto Vaginal Septum – *Prof. R Phillips/Prof. C Bartram*
4. Clinical and Pathological Staging of Rectal Cancer – *Dr T Guenther/Prof. J Northover*
5. Management of FAP – *Miss S Clark/Dr A Latchford*
6. Perianal Fistula – *Prof. M Kamm/Mr P Lunniss*
7. Haemorrhoids – *Miss L Barker/Mr A Hardy*
8. Colonoscopy Teaching – *Dr S Thomas Gibson/Ms M Vance*

## Information about Registration

Registration is available on a single day basis.

	Consultants* (£)	Trainees/Nurses* (£)
Daily registration	200	150
Three day registration	500	400

Breakfast Sessions - £25 per session

There will be a commercial exhibition and a learning centre on both Wednesday and Thursday with competitions for delegates.

CPD points applied for.

## Accommodation

We have negotiated a reduced rate (see below) for accommodation at the Hilton London Metropole, the conference hotel. You need to contact the hotel directly on +44 (0) 20 7402 4141 quoting STMA281106. Rooms at the reduced rate are limited so early booking is recommended.

Hilton London Metropole	Guest Room	Deluxe Room	Deluxe Plus Room
Single	£125	£135	£145
Double/Twin	£145	£155	£165

Rates are inclusive of English breakfast but exclude V.A.T.

# Application Form

PLEASE COMPLETE ONE REGISTRATION FORM PER DELEGATE. THE FORM CAN BE PHOTOCOPIED.

## DELEGATE DETAILS (Please type or print clearly)

Title (Prof/DR/MR/MRS/MS/Miss)  Family Name  First Name   
 Address   
 Postcode   
 Speciality (eg Surgeon, Gastroenterologist)   
 Tel: (Country Code/Zip Code)  Fax: (Country Code/Zip Code)   
 Email:

## NAME BADGE DETAILS

Name  Country

## REGISTRATION (Please tick the appropriate box)

		Wed. 29th Nov.	Thurs. 30th Nov.	Fri. 1st Dec.		3 day registration
Consultants	£200	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	£500	<input type="checkbox"/>
Trainees (Proof Required) / Nurses	£150	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	£400	<input type="checkbox"/>

## BREAKFAST SESSIONS - £25 per session

Thursday 30th November	Tick session(s) required <input checked="" type="checkbox"/>	Friday 1st December	Tick session(s) required <input checked="" type="checkbox"/>
1. Optimising Drug Therapy in IBD	<input type="checkbox"/>	1. Laparoscopic Colorectal Surgery	<input type="checkbox"/>
2. Setting up a Patient on HPN	<input type="checkbox"/>	2. How to do Capsule Endoscopy	<input type="checkbox"/>
3. Prebiotics, Probiotics, Colonic Lavage – Unorthodoxy?	<input type="checkbox"/>	3. Surgery of the Recto Vaginal Septum	<input type="checkbox"/>
4. Managing the Family History Referral	<input type="checkbox"/>	4. Clinical and Pathological Staging of Rectal Cancer	<input type="checkbox"/>
5. Psychological Approaches to the Impossible Patient	<input type="checkbox"/>	5. Management of FAP	<input type="checkbox"/>
6. Colonoscopy the Virtual/Real Interface	<input type="checkbox"/>	6. Perianal Fistula	<input type="checkbox"/>
7. Stomas – High Output and Dysfunction	<input type="checkbox"/>	7. Haemorrhoids	<input type="checkbox"/>
8. Designing a Study and Getting That Grant	<input type="checkbox"/>	8. Colonoscopy Teaching	<input type="checkbox"/>

## BIOLOGICAL DRUGS IN INFLAMMATORY BOWEL DISEASE - A STATE OF THE ART SYMPOSIUM

I  will /  will not be attending the symposium chaired by Michael Kamm on Wednesday 29 November. (Delete as applicable)

## PAYMENT

ALL PAYMENT SHOULD BE MADE IN GBP STERLING TO 'ST MARK'S HOSPITAL FOUNDATION'.  
 PLEASE INDICATE WHICH OF THE FOLLOWING METHODS OF PAYMENT YOU ARE USING.

- UK sterling cheque to 'St Mark's Hospital Foundation'  GBP (Sterling) travellers cheques  
 Bank Draft in GBP (Sterling) drawn on a UK Bank  Visa/Access/Mastercard/Switch

I enclose payment of £  by Cheque/Visa/Access/Mastercard/Switch (Delete as applicable)

Card Number  Card Expiry Date  /

Valid from Date (if applicable)  /  Security Number (last three digits on the back of your credit card)

Switch Card Issue No.  Cheques GBP Sterling only payable to: 'ST MARK'S HOSPITAL FOUNDATION'.  
 If paying by VISA/ACCESS/MASTERCARD please give registered cardholder's name and address:

Name  Town

County  Country  Postcode/Zip Code

Cancellation received after 10th November 2006 will incur a fee of 50% of the registration fee due. Any cancellations must be made in writing.

Signature  Date

## DO NOT COMPLETE THIS SECTION

Date Received ..... Payment Method ..... Registration No ..... Payment Amount .....



## Faculty

### Internal

Arebi N  
Atkin W  
Barker L  
Bartram C  
Burling D  
Chadwick S  
Clark SK  
Davidson A  
East J  
Fraser C  
Gabe S  
Gould S  
Guenther T  
Gupta A  
Hyer W  
Jacyna M  
Kamm MA  
Kennedy RH  
Latchford A

Marshall M  
McDonald P  
Newton D  
Nicholls RJ  
Nightingale J  
Northover JMA  
Phillips RKS  
Pitcher M  
Saunders BP  
Slater R  
Stern J  
Suzuki N  
Tekkis P  
Thomas Gibson S  
Thomas H  
Vaizey C  
Vance M  
Vujnovich A  
Williams CB

### External

Colombel JF *Lille, France*  
Mortensen NJ *Oxford, UK*  
Carlson G *UK*  
Christiansen J *Denmark*  
Cohen Z *Canada*  
Dozois R *USA*  
Finan P *UK*  
Goldberg P *South Africa*  
Hardy A *UK*  
Holm T *Sweden*  
Jamieson N *UK*  
Krukowski Z *UK*  
Laurberg S *Denmark*  
Lehur P *France*  
Lemann M *France*  
Lunniss P *UK*  
Parc R *France*  
Pumphrey R *UK*  
Rutter D *UK*  
Satsangi J *UK*  
Seow Choen F *Singapore*

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